**Table 5. Emotional experiences with self-managed abortion reported in included studies**

|  |  |  |
| --- | --- | --- |
| **Emotion** | **Number of studies** | **Citations** |
| ***Positive*** | | |
| Relief | 5 | Aiken 2017, Foster 2018a, Ramos 2015, Szwarc 2018, Ochoa 2018 |
| Comfort | 5 | Aiken 2018a, Aiken 2018b, Aiken 2017, Manriquez 2018, Ramos 2015 |
| Satisfied | 4 | Gomperts 2012, Gomperts 2014, Gomperts 2008, Yoon 2018 |
| Gratefulness | 3 | Foster 2018b, Gomperts 2008, Tousaw 2017 |
| Supported | 3 | Aiken2018b, Manriquez 2018, Ramos 2015 |
| Would recommend SMA to others | 2 | Aiken 2017, Kahabuka 2017 |
| Safe | 2 | Aiken 2018a, Tousaw 2017 |
| Confident | 2 | Aiken 2017, Ramos 2015 |
|  |  |  |
| ***Negative – SMA experience*** | | |
| Fear – safety | 7 | Bury 2012, Duarte 2018, Ferrari 2018b, Lane 1998, Manriquez 2018, Ramos 2015, Szwarc 2018 |
| Guilt, sadness, stress, shame | 4 | Naravage 2009, Ramos 2015, Ochoa 2018, Shamala 2018, Yoon 2018 |
| Secrecy | 2 | Bury 2012, Madeiro 2015 |
| Extreme stress | 1 | Gomperts 2008 |
|  |  |  |
| *Negative - environment* | | |
| Fear – legal repercussions | 8 | Aiken 2019, Aiken 2018b, Bury 2012, Ferrari 2018, Manriquez 2018, Rominski 2017, Shamala 2018, Tousaw 2017 |
| Mistreatment by health professionals | 6 | Bury 2012, De Zordo 2016, Duarte 2018, Madeiro 2015, Mutua 2018, Rominski 2017 |
| Stigma | 3 | Berry-Bubee 2015, Bury 2012, Zubriggen 2018 |
| Frustration at illegality | 2 | Aiken 2019, Aiken 2017 |