

## SUPPLEMENTAL MATERIAL

Table e1. Impact of interventions on the specific symptom 'dizziness, light-headedness, feeling faint, or feeling like you might black out' (item 1 of the Orthostatic Hypotension Questionnaire Symptom Assessment subscale). Minimum score 0, maximum score 10. Median reported with range. Control (pre-intervention) values are provided in Table 1 of the main manuscript.

	Dizziness/light-headedness score	<i>P</i>
Water	3 (0-8)	0.755
Physical counter-maneuvers	3 (0-10)	0.603
Abdominal compression	3 (0-9)	0.374
Compression stockings	3 (0-8)	0.283