**Table 1: Demographics of general practitioners (*n*=443)**

|  |  |
| --- | --- |
|  | General Practitioners  n (%, 95% confidence interval) |
| Mean age (sd) | 52.9 (11.2) |
| Duration of practice (sd) | 23.7 (12.4) |
| Female Gender | 327 (74%, 70-78) |
| Country of study Australia | 291 (66%, 61-70) |
| Location of practice   * Urban * Outer Metropolitan * Rural * Missing | 218 (49%, 45-54)  109 (25%, 21-29)  112 (25%, 21-30)  4 (1%, 0.4-2) |
| State of practice   * Victoria * Western Australia * New South Wales * Northern Territory * Tasmania * South Australia * Queensland * Canberra * Missing | 107 (24%, 20-28)  84 (19%, 16-23)  108 (24%, 21-29)  1 (0.2%, 0-1)  9 (2%, 1-4)  28 (6%, 4-9)  94 (21%, 18-25)  8 (2%, 1-4)  4 (1%, 0.4-2) |
| Special interest in   * Women’s Health * Obstetrics/Gynaecology * Sexual Health * Mental Health * Cosmetic surgery | 340 (77%, 73-80)  122 (28%, 24-32)  155 (35%, 31-40)  181 (41%, 36-46)  26 (6%, 4-8) |

**Table 2: FGCS practice for GPs (n=443)**

|  |  |
| --- | --- |
|  | General Practitioners  n (%, 95% CI) |
| Adequate knowledge | 110 (25%, 21-29) |
| Confident in assessing   * female genitals * male genitals | 337 (76%, 72-80)  287 (65%, 60-69) |
| Source of information   * media * conferences * medical training * RACGP * Other health professionals * Consumer websites | 74 (17%, 14-20)  96 (22%, 18-26)  49 (11%, 8-14)  26 (6%, 4-8)  98 (22%, 19-26)  30 (7%, 5-10) |

**Table 3: Experience of clinicians regarding patients who presented considering FGCS to general practitioners (n=242)**

|  |  |
| --- | --- |
|  | General Practitioners  n (%, 95% CI) |
| Patient aged <18 years | 84 (35%, 29-41) |
| Mean youngest age (sd) | 21.2 (7.3) |
| Mean oldest age (sd) | 44.3 (12.6) |
| Patient asked about opinion of normality | 235 (97%, 94-99) |
| Patient asked clinician’s opinion about FGCS | 157 (65%, 59-71) |
| Patient asked for examination | 177 (73%, 67-78) |
| Patient requested referral | 213 (88%, 83-92) |
| Clinician suspected (sometimes/often)   * Depression * Anxiety * Body dysmorphic disorder * Relationship difficulties * Eating disorders * Domestic violence * Sexual dysfunction * History of sexual abuse | 121 (50%, 44-56)  161 (67%, 60-72)  133 (55%, 49-61)  143 (59%, 53-65)  68 (28%, 23-34)  30 (12%, 9-17)  101 (42%, 36-48)  57 (24%, 19-29) |
| Clinician discussed risk   * All the time * Sometimes * Only if they asked me * Not sufficiently aware of risks to discuss | 99 (41%, 35-47)  25 (10%, 7-15)  11 (5%, 3-8)  107 (44%, 38-51) |
| Confident in discussing risk of:   * labiaplasty * clitoral hood reduction * perineoplasty * hymenoplasty * vaginal rejuvenation * vulval liposuction * orgasm shot * G-spot augmentation | 130 (54%, 47-60)  55 (23%, 18-28)  62 (26%, 21-31)  83 (34%, 29-40)  59 (24%, 19-30)  34 (14%, 10-19)  10 (4%, 2-7)  11 (5%, 3-8) |
| Confident in discussing short term risk | 83 (34%, 29-40) |
| Confident in discussing long term risk | 57 (24%, 19-29) |
| Comfortable in discussing about FGCS | 143 (59%, 53-65) |
| Examined genitalia   * yes * sometimes | 181 (75%, 69-80)  34 (14%, 10-19) |
| Referral Counselor   * yes * sometimes | 67 (28%, 22-34)  95 (39%, 33-46) |
| Refer to Cosmetic surgeon   * yes * sometimes | 0 (0%, 0-2)  36 (15%, 11-20) |
| Refer to Plastic surgeon   * yes * sometimes | 0 (0%, 0-2)  95 (39%, 33-46) |
| Refer to Obstetrician/Gynaecologist   * yes * sometimes | 0 (0%, 0-2)  151 (62%, 56-68) |
| Refer to Urologist   * yes * sometimes | 0 (0%, 0-2)  7 (3%, 1-6) |
| Refer to psychologist/psychiatrist   * yes * sometimes | 0 (0%, 0-2)  32 (13%, 10-18) |
| Refer to colleague for 2nd opinion   * yes * sometimes | 0 (0%, 0-2)  7 (3%, 1-6) |
| Refer to Women’s health GP   * yes * sometimes | 0 (0%, 0-2)  8 (3%, 2-6) |
| Resources used with patient   * Labia library * Diagrams * Anatomy books * Consumer websites * RACGP FCGS resource | 85 (35%, 29-41)  85 (35%, 29-41)  53 (22%, 17-28)  21 (9%, 6-13)  21 (9%, 6-13) |
| Influences of why patient ask about FGCS   * perception of normal * fashion (comfort in clothes) * fashion (appearance in clothes) * perception of beauty * pornography * spouse/partner comments * peer comments * physical discomfort * consumer websites | 206 (85%, 80-89)  242 (100%, 98-100)  54 (22%, 18-28)  242 (100%, 98-100)  242 (100%, 98-100)  132 (55%, 48-61)  41 (17%, 13-22)  102 (42%, 36-48)  69 (29%, 23-35) |

**Opinions about FGCS for GPs (n=443)**

|  |  |
| --- | --- |
|  | General Practitioners  n (%, 95% CI) |
| I need more information before developing my opinion | 147 (33%, 29-38) |
| If a woman wants this, it is her choice | 92 (21%, 17-25) |
| It should not be performed on women less than 18 years, unless for genuine medical reasons | 233 (53%, 48-57) |
| A woman should be counseled first | 247 (56%, 51-60) |
| FGCS is acceptable even when only for cosmetic reasons | 44 (10%, 7-13) |
| FGCS is unacceptable when only for cosmetic reasons | 64 (14%, 11-18) |
| FGCS is not different to other types of cosmetic surgery, in my opinion | 95 (21%, 18-26) |

|  |  |
| --- | --- |
| Clinician suspected (sometimes/often) |  |
| * Anxiety | 161 (67%, 60-72) |
| * Relationship difficulties | 143 (59%, 53-65) |
| * Depression | 121 (50%, 44-56) |
| * Body dysmorphic disorder | 133 (55%, 49-61) |
| * Sexual dysfunction | 101 (42%, 36-48) |
| * Eating disorders | 68 (28%, 23-34) |
| * History of sexual abuse | 57 (24%, 19-29) |
| * Domestic violence | 30 (12%, 9-17) |

|  |  |  |
| --- | --- | --- |
| Influences of why patient ask about FGCS   * perception of normal * fashion (comfort in clothes) * fashion (appearance in clothes) * perception of beauty * pornography * spouse/partner comments * physical discomfort   consumer websites | 206 (85%, 80-89)  242 (100%, 98-100)  54 (22%, 18-28)  242 (100%, 98-100)  242 (100%, 98-100)  132 (55%, 48-61)  41 (17%, 13-22)  102 (42%, 36-48)  69 (29%, 23-35) |  |
| * perception of normal | 206 (85%, 80-89) |  |
| * fashion (comfort in clothes) | 242 (100%, 98-100) |  |
| * fashion (appearance in clothes) | 54 (22%, 18-28) |  |
| * perception of beauty | 242 (100%, 98-100) |  |
| * pornography | 242 (100%, 98-100) |  |
| * spouse/partner comments | 132 (55%, 48-61) |  |
| * peer comments | 41 (17%, 13-22) |  |
|  |  |  |
|  |  |  |