**Table 4** Patient global impression of change at 1 month follow-up.

|  |  |  |
| --- | --- | --- |
|  PGIC ratings | Conventional (*n*=51) | Alternative (*n*=61) |
| 1. Very much improved
 | 0 (0%) | 0 (0%) |
| 1. Much improved
 | 13 (25.5%) | 17 (27.9%) |
| 1. Minimally improved
 | 32 (62.7%) | 34 (55.7%) |
| 1. No change
 | 6 (11.8%) | 10 (16.4%) |
| 1. Minimally worse
 | 0 (0%) | 0 (0%) |
| 1. Much worse
 | 0 (0%) | 0 (0%) |
| 1. Very much worse
 | 0 (0%) | 0 (0%) |

**Note:** Values are expressed as number of patients (%). Mann–Whitney *U* test showed no significant difference in PGIC ratings between the two groups (*P*=0.889).

**Abbreviations:** PGIC, patient global impression of change.